



Strengthening Multi-Ethnic Families and Communities

rites of Passage Component Area

This component encourages parents to assist their children in developing social competency skills in ten different areas.

The Rite of Passage Component Area provides the framework for parents to discuss their values and the importance of helping their child develop social competency skills in order to function successfully and effectively as adults.

Information presented for each Rite of Passage Area is meant to be a vehicle for discussion, not a mandate that parents must adhere to.

The program encourages parents to look "back," as a strategy to enhance parent motivation to discuss topic areas and incorporate activities to enhance their child's development in each area.

Parents are provided with simple activities to promote social competency skills with children of different ages.

This component seeks to assist parents in identifying areas for personal growth, supporting the program's emphasis on "enhancing parent competence and confidence."

THE RITES OF PASSAGE

- PERSONAL** - Self esteem, connections with positive adult role models, and creating visions for self, family and community.
- SPIRITUAL** - Developing a relationship with the Greater Spirit, and pro-social goals, morals, values, courage and unconditional love.
- MENTAL** - The importance knowledge, attending school, and developing thinking skills and creative abilities.
- PHYSICAL** - The importance of diet, nutrition, exercise, sexual responsibility, and avoidance of drugs, alcohol and tobacco.
- CULTURAL** - Rituals, ceremonies, custom and traditions which carry the values of a culture from one generation to the next.
- HISTORICAL** - Contributions to world history, relationships with the elderly, and making plans to enhance the community/ world.
- EMOTIONAL** - The development of empathy, active listening skills, and tools to manage anger and conflict.
- ECONOMIC** - The importance of managing money, obtaining a job, career development and recycling dollars.
- SOCIAL** - The development of leadership skills, organizing for specific social problems, and accessing community resources.
- POLITICAL** - The understanding the political process and how elected officials stand on key issues which directly affect the community.

Strengthening Multi-Ethnic Families and Communities Parent Program, PARENTING ACROSS CULTURES - 2011

MENTAL RITE OF PASSAGE
Developed By Ron Johnson

- TEACH YOUR CHILD THE VALUE OF HIGH ACHIEVEMENT AND ATTENDING SCHOOL.
- HELP YOUR CHILD LEARN HOW TO STUDY, TAKE TESTS, AND USE THE LIBRARY.
- HELP YOUR CHILD LEARN TO MANAGE THE STRESS OF THE SCHOOL ENVIRONMENT.
- HELP YOUR CHILD DEVELOP CREATIVE ABILITIES AS WELL AS THINKING SKILLS.
- TEACH YOUR CHILD THAT IT IS IMPORTANT TO LEARN READING, MATH, SCIENCE, AND COMPUTER TECHNOLOGY.

Strengthening Multi-Ethnic Families and Communities Parent Program, PARENTING ACROSS CULTURES - 1994, 2011.

Strengthening Multi-Ethnic Families and Communities: A Parent Program Promoting Peace

MENTAL RITE OF PASSAGE ACTIVITIES

- Provide learning experiences and activities for your child in and outside your home.
- Model reading. Read to your child. Include books by and about those from your own ethnic/cultural group.
- Give your child unstructured free time and/or provide activities to help your child develop their creative talents and interests.
- Discuss with your child the importance of attaining an education.
- Together with your child, establish regular times for homework and study.
- Visit your child's school and talk with their teacher(s). Sit in on one of your child's classes.
- Take your child to a museum, the public library, and a bookstore.
- Together with your child, visit colleges and universities in the area.

Culture Relationships Discipline **Rites of Passage** Community 104

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